

Choose Stuttering Therapy that Works for You

Weekly 1:1	45-Day 1:1 Intensive
Ages 2-99	For motivated teens and adults
Online or in-office	Online (In-person by request)
Duration 3-9 months	Duration 45 days
Weekly Meetings 40-minutes 1-2x per week	Intensive Meetings 2-hours 3x over 14 days + 40-minutes 6x over 31 days
Check-in at your weekly meeting and via email	Check-in on-demand check-ins via email and messaging
 ✓ Comfortable, weekly pace ✓ Fit therapy into your busy life schedule ✓ Independent practice expectations are limited 15-minutes daily 	 ✓ Intensive 45-day experience ✓ Make this a priority in advance of upcoming life event ✓ Prepared to dedicate independent practice time and energy 15-minutes daily + 2-hours per week (journaling, video course, eBook, exercises, etc.)